



**CITIZENS'
INITIATIVE
FOR EUROPE**

Dear citizens

Without anthroposophy, the teachings of the wisdom of humanity, much of the richness of life would have remained hidden from me. In my roles as a businessman, a father and later as the director of an institute, I have always been able to draw useful insights from Steiner's science of the spirit. This has helped me not only in daily life but also when coping with all sorts of situations, and above all has enabled me to recognize my own visions and actively implement them in the community. The ELIANT campaign partners aim to give large numbers of people in Europe access to the benefits of anthroposophy, both in terms of ideas and in the use of health-promoting foods and medicines. Please support the Alliance by signing the petition!

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Warm greetings from

Götz W. Werner

Götz Werner

Professor Götz Werner is the founder of dm-drogerie markt and director of the Institute for Entrepreneurship at the "elite university" of Karlsruhe, Germany.

The ELIANT campaign: 1 million signatures – why?

The ELIANT Alliance (for more about this see pp. 10/11) is working to create a legal framework throughout Europe to secure freedom of choice and the availability of choices in relation to key values. EU citizens ought to be able to decide for themselves how their children are educated and how their daily bread and the medicines they use are produced.

These fundamental rights do not as yet appear to have been greatly restricted. However, this situation could alter very quickly when EU Directives become binding on the domestic legislation of individual member states. In 2004, for instance, Demeter infant foods silently disappeared from the market because they did not comply with EU rules on vitamin supplementation, as no artificial vitamins can be added to Demeter products.

To be taken seriously as a citizens' initiative, ELIANT requires a million signatures across the EU. Over 700,000 people from all 27 EU member states have already signed up in support. Please join them and help ELIANT to reach the one million mark soon!



The abbreviation "ELIANT" stands for: **E**uropean **A**lliance of **I**nitiatives for **A**pplied **A**nthroposophy. This brochure outlines some of these initiatives in the following pages.

You can find information, signature lists and the online petition at: www.eliant.eu



"ELIANT came into being because some of the initiatives involved in it found that their "smaller" concerns were not being heard on the big European stage. Irrespective of whether what was involved was the battle to safeguard biodynamic agriculture against compulsory vitamin supplementation of baby foods, licences for specifically anthroposophic remedies, or concepts of independent learning and living within curative education settings, all too often our quiet voices were drowned out by the loud orchestra of the big lobbyists."

Michaela Glöckler MD is a founding member of ELIANT and director of the Medical Section of the School of Spiritual Science at the Goetheanum, Switzerland.

What is anthroposophy?



Anthroposophy emerged in the 20th century as a new philosophy centred on the human being. It is distinct from anthropology, the study (“logy”) of society and human beings (“anthropos”) in that this new philosophy is based on “sophia” or human wisdom.

The first two major works by its founder Rudolf Steiner (1861-1925) were entitled “The Philosophy of Freedom” and “Knowledge of the Higher Worlds and How to Attain it”. His concern was to help people gain access to their spiritual and creative potential through individual self-knowledge. He identified scientific, artistic, religious, esoteric and practical ways in which we can gain a meaningful understanding of ourselves and the course of evolution and human development. He consciously followed in the footsteps of his great predecessor Johann Wolfgang von Goethe, whose life’s work was dedicated to reuniting the divided realms of science, art and religion.

In this way he gave countless people – irrespective of their level of education or religious creed – the opportunity to take control of their own individual and social development and to commit themselves to making a contribution to cultural development.

Two of the key principles formulated by Steiner are: “Anthroposophy is a path of knowledge which aims to lead the spiritual in the human being to the spiritual in the universe”; and “To live with love for the deed, and to let live with understanding for the will of another, is the fundamental maxim of the free human being.”

This approach has given rise to cultural initiatives of worldwide influence, such as the 650 establishments for curative education and social therapy currently in existence,

Further information
can be found at:
www.steiner Verlag.com
www.anthroposophische-gesellschaft.org
www.goetheanum.org

anthroposophic medicine, drug and addiction rehabilitation, Waldorf education, biodynamic agriculture, as well as scientific research centres, ethical forms of business and banks, the new movement art of eurythmy and The Christian Community, a movement for religious renewal.

Besides the articles and books he published, Steiner's works encompass well over 300 volumes of lecture transcripts relating to almost every area of life. In addition, his social endeavours are embodied in the Anthroposophical Society which he founded, and the School of Spiritual Science at the Goetheanum in Dornach (Switzerland), an international centre for anthroposophic research and cultural advancement.



Medicine for body, soul and spirit



Anthroposophic medicine combines modern, scientific methods of medicine with the philosophical and spiritual insights of anthroposophy.

Its focus on the essence of what it is to be a human being with physical, psychological and spiritual needs is what makes this integrative form of medicine so holistic and patient-centred. The range of treatments used in anthroposophic medicine by registered physicians includes established mainstream methods as well as natural remedies aimed at stimulating the body's self-healing powers, external applications, special types of massage, artistic therapies, counselling and biography work.

Anthroposophic hospitals are renowned for the excellence of their nursing and patient care. The basic medicine for treating cancer, one that is derived from mistletoe, is particularly widely used.

Current challenges facing the health system make it important that physicians, manufacturers and patients take concerted action to secure a legal basis for anthroposophic medicine in Europe, so that it can continue to develop its potential.

Further information
can be found at:
www.ivaa.info
www.damid.de
www.medsektiongoetheanum.org
www.misteltherapie.de



Holistic natural cosmetics

Anthroposophy understands man and nature as being intrinsically linked. From this it follows that certain plants or herbal preparations can be used for individual bodycare needs.

Obtaining herbs and plants from partner nurseries or from partners who are licensed to harvest plants from the wild ensures high-quality products and protects our environment. All raw materials are rigorously analysed and checked, and the quality standards for raw materials meet the stringent criteria which are applied to the production of medicines. The selection, processing and composition of raw materials are governed by holistic criteria which take into account the ways in which all the substances interact. Natural cosmetics do not use synthetic colourings or fragrances, and contain no artificial preservatives. All products are developed in a way that makes such additives unnecessary. Any emulsifiers and tensides used are plant-based. All perfumes are derived from natural etheric oils, which are thoroughly tested for tolerance.





Growing food for body, soul and spirit

For over 80 years, the biodynamic method has been developing a living form of agriculture which can be traced back to ideas put forward by Rudolf Steiner. Soil fertility is improved sustainably using home-produced preparations made from manure, medicinal herbs and minerals which act as soil-enriching agents. The Demeter farmer manages his farm as a living organism and is imbued with a deep respect for living processes, natural forces of growth, soil vitality and the holistic nature of plants and animals.

Demeter stands for biodynamic agricultural produce and is an international organic brand found on every continent. Demeter products have to meet the challenge of retaining the high quality of the raw materials during processing. Fair prices and social commitment are goals shared by producers, processors, traders and consumers in the Demeter community.

As a partner in the ELIANT Alliance, Demeter International works to ensure that biodynamic agriculture in Europe is not unnecessarily restricted by regulations, so that it can continue to contribute to food quality, environmental protection and species diversity.

Further information
can be found at:
www.demeter.de
www.demeter.net



Every person is unique



Many people today would like an education that focuses on fostering the capabilities of the individual and takes account of the natural laws governing the development of the growing child and adolescent. Given the challenges which society and the environment pose for us today, an education that promotes health is an essential prerequisite for a good start in life.

Waldorf education, with its artistically oriented curriculum and wide range of cognitive and practical subjects, provides a basis for developing pupils' creative powers from the very beginning. It does so in a way that recognises and fosters the pupils' wide variety of talents and capacities for learning.

Since the first Waldorf school was founded in Stuttgart in 1919, by cigarette factory owner Emil Molt, this form of education has spread around the globe and is currently used in 994 schools and in roughly five times that number of nurseries and kindergartens on every continent.

Since all Waldorf schools and kindergartens are still run as parents' initiatives, it is particularly important that the legal framework in the new Europe continues to allow this kind of citizens' initiative to flourish.

Further information
can be found at:
www.waldorfschule.info
www.ecswe.org
www.paedagogik-goetheanum.ch
www.ecce.eu





CHARTER

AIMS OF THE ALLIANCE

Human dignity and individual development are core values of European culture, to the evolution of which Rudolf Steiner's applied anthroposophical initiatives have been contributing for over 80 years. Especially in the fields of agriculture, education, special needs education and medicine, high-quality and humane approaches have been developed and now enjoy world-wide recognition. The Alliance's objectives are to secure legal safeguards for such initiatives and to develop them further so that they can contribute towards shaping Europe's future.

In the reality of the European context, the right to individual development for every citizen requires not only freedom of choice but also the availability of choices. Parents must be able to choose schools for their children which accord with their educational convictions.

Everyone should be able to access the type of medical care and eat the kind of food that are in keeping with their way of life. In Europe, basic human rights must not be restricted to the detriment of these cultural initiatives. The Alliance is leading the way forward here.

This calls for a basic legal framework to underpin the institutions and advances which facilitate and support a diversity

of different lifestyles. Pluralism of scientific methods and freedom in research and teaching must be guaranteed. The freedom to choose a profession and a preferred course of training also depend on social pluralism.

THE ALLIANCE'S WORK AND MODE OF OPERATION

We, the co-ordinators of this Alliance, agree to collaborate in our initiatives on the basis of solidarity. The Alliance will provide us with mutual support for our respective, Europe-based projects and campaigns. Our aim is to put this collaboration and mutual assistance into effect, with integrity and transparency. In this way, we hope to implement the various initiatives in different fields with the broadest possible democratic support, low administrative costs, and high levels of communicative awareness.

We will continue to exert influence on the development of European policies and legislation, and to develop and maintain existing contacts with European institutions.

We are an integral part of civil society at the European level, aiming to create as comprehensive a network as possible with organisations pursuing similar goals. We engage actively in public relations work and – to the extent that we are



able – take part in conferences, seminars and workshops that are in conformance with the aims of the Alliance.

In order to continue to advance our aims, we are seeking partners in cultural, economic and political life. We are looking to collaborate with institutions, associations and individuals in public life who share our commitment to securing lasting protection for the freedoms, enhanced quality of life and space to develop of every individual. Together with these partners, we aim to identify approaches and support initiatives which will enable us to contribute toward shaping Europe's future in accordance with the aims and principles described above.

The resolutions and decisions which affect the Alliance as a whole will be adopted by mutual agreement of its coordinators. Until its relocation to Brussels, the secretariat will be based at the Foundation for Anthroposophic Medicine at the Goetheanum in Dornach, Switzerland.

ALLIANCE MEMBERSHIP

The membership comprises the core members of the Alliance who have joined together in solidarity, and the associate members.

The core members of the Alliance are associations and institutions of applied anthroposophy operating at a European

level and, in pursuance of the stated aims, working actively in the development of European law to promote safeguards for fundamental human rights, social self-determination and cultural diversity, and thus for an enhanced quality of life. The core members, as the leading members of the Alliance, will develop and implement the work of the Alliance. Associate membership of the Alliance is open to any natural or legal person, organisation or institution which wishes to promote cultural initiatives based on anthroposophy and to support these through intellectual or financial contributions. They will be regularly informed of the Alliance's activities, and where applicable will help implement individual projects and campaigns. Associate members do not have any financial obligations arising out of their membership, except where members expressly enter into such obligations themselves.

Brussels, 29, September, 2006

Donation account:
Aktion ELIANT [ELIANT Campaign]
Account No.: 7 902 555 001
Sort Code 430 609 67
GLS Bank eG Bochum
IBAN DE66 4306 0967 7902 5550 01
BIC/Swift GENODEM1GLS

The core members of the Alliance are: **AEFMUTA**, Association Européenne des Fabricants de Médicaments utilisés en Thérapeutique Anthroposopique; **Huntrique**; **Demeter International e.V.**, Darmstadt; **ECCE**, European Co-operation in Anthroposophical Curative Education and Social Therapy; **Zest**; **ECSWE**, European Council for Steiner/Waldorf Education; **AI.S.B.L.**, Brussels; **EFPAM**, European Federation of Patients' Associations for Anthroposophic Medicine; **Leidschenham**; **FAM**, Foundation for Anthroposophic Medicine; **Domach**; **gesundheits aktiv** anthroposophische heilkunst e.V., Bad Liebenzell; **IBDA**, International Biodynamic Association; **Arlstein**; **IKAM**, International Coordination of Anthroposophic Medicine; **Domach**; **IVAA**, International Federation of Anthroposophic Medical Associations; **Domach**.

Please detach here and return to us with the signatures you have collected.



Petition for the European Alliance of Initiatives for Applied Anthroposophy / ELIANT

Please send this card, with 1 to 3 signatures collected from your friends and acquaintances, to: ELIANT Campaign, Postfach 1180 79501 Lorrach, Germany or fax +49 7621 168 18 63 or please sign online: www.eliant.eu and ask your friends to do the same.

SURNAME, FIRST NAME	STREET, POST CODE, TOWN/CITY, COUNTRY	SIGNATURE	EMAIL ADDRESS

I hereby state my support for the ELIANT alliance and its charter to secure legal safeguards for anthroposophic medicine, biodynamic (DEKETER) Foods, Waldorf education and other initiatives for applied anthroposophy in Europe. The ELIANT campaign is helping to achieve the European goal of "Unity in Diversity".

www.eliant.eu

Your personal data will be used solely for Alliance purposes and will under no circumstances be passed on to third parties.

//REPLY CARD